

# BE FAST WHEN STROKE HAPPENS !

**B**

**BALANCE**

LOSS OF BALANCE,  
HEADACHE,  
DIZZINESS



**E**

**EYES**

SUDDEN LOSS OF  
VISION IN ONE  
OR BOTH EYES



**F**

**FACE**

DOES THE  
PERSON'S FACE  
LOOK UNEVEN ?



**A**

**ARM**

WEAKNESS IN  
ONE ARM/LEG



**S**

**SPEECH**

DIFFICULTY IN  
SPEAKING



**T**

**TIME**

TO REACH  
HOSPITAL  
QUICKLY



## Very Important Information

**1) Who can have a stroke?** : Although some conditions such as blood pressure, smoking, obesity, etc. are more likely to cause a stroke, it can happen to anyone !

**2) Symptoms of Stroke:** Sudden, unexplained Loss of balance, slurred speech, weakness in one arm or leg, crooked face, loss of vision - see for full details and video:

<https://strokesupport.in/be-fast/>

These symptoms may go after some time, but the risk of stroke very much remains !

**3) Consequences of Stroke:** If not death then usually paralysis, speech issues and depression. These can continue for life, despite treatment.

**4) Can stroke be prevented ?** : With right diet and exercise, risk of stroke can be much reduced.

**5) Importance of Time :** If right treatment is started within 2-3 hours of a stroke, the bad results may be much lesser.

## Stroke = Disability or Death !

Join using your mobile Whatsapp/ Telegram Global stroke support groups for stroke affected families/ doctors by:

1)Visiting:

<https://strokesupport.in/add> or

2)Scanning the QR Code and clicking link generated.



<https://strokesupport.in>

StrokeSupport India <sup>TM</sup>

Raising Stroke Awareness and Supporting  
Stroke Survivors and their Families

Delivering  
**HOPE !**



A humble effort of Nav Anubhuti Welfare Society

© 2021